**Mac Couhig #11, #26**

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***![A person running on a field

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*Class of 2025**Catholic High School   
Baton Rouge, Louisiana*

**SOCCER PROFILE PAGE**

*Louisiana TDP Elite MLS Select*

*Catholic High School Varsity Soccer*

*Catholic High School Varsity Track*

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| **ABOUT MAC** |
| **BIO: Hard working, Passionate, Coachable** |
| AGE: 16 GRADE: 11 |
| HEIGHT: 6’ WEIGHT: 165 |
| POSITION #1:FWD POSITION #2: Wing |
| YEARS PLAYED: 11 DOMINANT FOOT: Both |
| 100 time: 11.27 40 time: 4.51 |
| OTHER SPORTS PLAYED:Track Golf Basketball |

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| **PERSONAL STATEMENT** |
| All my life I have been surrounded by soccer. My father played at the collegiate level for Georgetown University, my brother plays at W&L, and I am focused on playing at the next level as well. I've always loved the game and enjoy every minute of training and playing in matches. I feel that as I have grown as a player, I have become a leader and become more responsible, which is evident on the field and in the classroom. As shown by my 4.08 GPA, I work as hard in school as I do in athletics. This spring I decided to try running track and committed myself to give it my best effort. I ran a personal best time of 11.27 in the 100m, my 4x100 relay team’s best time was 43.6, the CHS Track team placed 2nd in the State meet, and I received a Varsity letter. As a two-sport athlete, I intend to keep working diligently and striving for excellence in all that I do. This pursuit of excellence will help me reach my goal of going as far as I can with my soccer career. |

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| **2023-2024 School Information** |
| SCHOOL NAME: Catholic High School of Baton Rouge |
| ADDRESS: 855 Hearthstone Dr.  Baton Rouge, LA 70806 |
| CURRENT GPA: 4.18 weighted, 3.90 unweighted, AP/Honors Curriculum |
| SCHOOL GRADE: 11 |
| POTENTIAL MAJOR: Business |
| ACT: 32 |
| HONORS CLASSES: English I, English II, English III, Algebra I, Geometry, Pre Calc, Biology, Chemistry, Spanish III |
| AP CLASSES: US Government and Politics, Comparative Government and Politics, Biology |

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| **PERSONAL CONTACT INFORMATION** |
| PHONE NUMBER: 225-921-5505 |
| EMAIL ADDRESS: maccouhig1@gmail.com |
| ADDRESS: 3117 McClendon Ct. |
| Baton Rouge, LA 70810 |
| INSTAGRAM: @maccouhig, @maccouhighighlights |
| NCAA Eligibility Number: 2309105177 |
| Youtube link: [Mac Couhig - YouTube](https://www.youtube.com/@maccouhig) |

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| **STRENGTHS/AREAS OF IMPROVEMENT** |
| Strengths: Coachability, Pace during counter attacks and runs, Strength, Knowledge of the game, Passion, Crossing, Passing with both feet, Speed to get behind defenders |
| Areas of Improvement: Left foot shooting, One on one dribbling, Taking on defenders with the ball |

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| **CAMPS ATTENDED** |
| Duke Soccer ID Camp – July 2022 |
| Georgetown Blue Camp – July 2023 |
| Soccer Masters – July 2023 |
| W&L ID Camp – August 2023 |
| Harvard Crimson Camp August 2023 |
| Soccer Masters – January 2024 |

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| **HIGH SCHOOL SOCCER INFORMATION** |
| Team: Catholic High Bears |
| Head Coach: JB Brunet |
| Phone: (337) 739-5863 |
| Email: JBrunet@catholichigh.org |
| Position: Striker |
| HS Jersey Number: 26 |
| HS colors: Orange, Black, White |

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| **EXTRACURRICULARS** |
| Mu Alpha Theta |
| National Honor Society |
| Student Ambassador |
| Student Council |
| Spanish Club |
| Fellowship of Christian Athletes |
| Baton Rouge Food Bank Volunteer |
| Baton Rouge Service Week – St. Vincent DePaul |

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| **CLUB SOCCER INFORMATION** |
| Team: Louisiana TDP Elite MLS Select |
| Coach: Keir Hannity |
| Email: [khannity@lafiresoccer.com](mailto:khannity@lafiresoccer.com) |
| Position: striker, winger |
| Jersey Number: 11 (2023-24), 40 (2021-23) |
| Uniform colors: Black, White, Orange |

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| **ACADEMIC/ATHLETIC ACHEIVEMENTS** |
| Academic Achievement, Highest Honors (9)  Academic Achievement, First Honors (10) |
| National Honor Society |
| Mu Alpha Theta |
| Varsity Soccer 10,11 |
| Second Team All District 10 |
| LA TDP Elite Team of the Week (3x 2023-24 season) |

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| **PARENTAL CONTACT INFORMATION** |
| NAME: Peter and Finney Couhig |
| PHONE NUMBER: 225-936-9177,  225-268-2991 |
| EMAIL ADDRESS: [finneyh@yahoo.com](mailto:finneyh@yahoo.com)  pcouhig@gmail.com |
| ADDRESS: 3117 McClendon Ct.  Baton Rouge, LA 70810 |

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| **CHARACTER REFERENCES** |
| Mr. Chris Bordelon, Former Coach and Mentor, [cbordelon20@gmail.com](mailto:cbordelon20@gmail.com)  (225)772-4580 |
| Mrs. Peggy Patout, Math Teacher – Ppatout@catholichigh.org |
| Mr. Thomas Kemp, English Teacher - TKemp@catholichigh.org |